

2011 - 2012 PROGRAM SCHEDULE

Parent/Child Classes

GymKyd's Tots-Parent & Me (1-3 yrs)

Spend quality time with your child in a structured, fun environment while learning basic gymnastic movements.

45 minute class once a week.

Mon	Tue	Wed	Thur	Fri	Sat	Sun
10:30	5:30		10:30	10:30	9:30	9:30

Junior Preschool (2 & 3 yrs)

A class designed for the toddler who is able to follow a fairly structured class with parent involvement. Your child is ready for more than a parent and me class but not ready to be on their own.

55 minute class once a week.

Mon	Tue	Wed	Thur	Fri	Sat	Sun
11:15	9:30		11:15		10:30	10:30
						2:00

Christmas Camp 2011

December 19, 20, 21, 22, 23 Dec 27, 28, 29, 30



Spring Break Camps 2012

March 26, 27, 28, 29, 30



\$20 plus GST = \$21 for half day

(9:00am - 12:00 or 1:00pm to 4:00pm)
\$35 + GST = \$36.75 for full day (9:00am - 4:00pm)

Gymnastics, crafts, games & more! Ages 3 and up.

Birthday Parties

Available Saturday & Sundays.

Package #1

Includes 1 hour of structured gymnastics and 1 hour in the party room. The parents supply the plates, cups, etc. \$150 for 10 kids and \$5 for each additional child.



Package #2

Includes Package #1 plus we supply the plates, cups, cutlery, etc. \$160 for 10 kids and \$6 for each additional child.

Package #3

The "No Fuss" Birthday Package includes Package #2, plus pizza, drinks, chips, cake of choice, ice cream, goody bags, invitations and a free shirt for the birthday child. \$275 for 10 kids and \$10 for each additional child.

\$50 (non-refundable) deposit required

Preschool/Kindergarten

Preschool GymKyd's (3-5yrs & 4-5 yrs)

A boys and girls program that introduces basic movements of gymnastics including vault, beam, bar and floor. This is a fun and energetic class that encourages active participation.

1 hour class once a week.

3 - 4 year olds

Mon	Tue	Wed	Thur	Fri	Sat	Sun
		10:30	6:30		11:30	

3 - 5 year olds

Mon	Tue	Wed	Thur	Fri	Sat	Sun
2:00	6:30	2:00	9:30	9:30		11:30

4-5 year olds

Mon	Tue	Wed	Thur	Fri	Sat	Sun
			5:30			

Gymnastics and Cheer!!! (3-5 yrs)

This class incorporates pom poms and dance movement into the warm up. This will be a fun, action packed class with all apparatus of gymnastics being covered.

1 hour class once a week.

Mon	Tue	Wed	Thur	Fri	Sat	Sun
9:30		1:00				
						1:00

Gymnastics and Sport!!! (3-5 yrs)

This class incorporates a variety of sports into the final 5-10 minutes of the class. This will be an action packed class with lots of variety for the little sports star.

1 hour class once a week.

Mon	Tue	Wed	Thur	Fri	Sat	Sun
	10:30		2:00			

Advanced KinderGym (4-5 yrs)

A boys and girls program for the more advanced gymnast. Includes instruction and skill development on vault, beam, bars and floor. This is a fun and energetic class that encourages active participation.

1 hour class once a week.

Mon	Tue	Wed	Thur	Fri	Sat	Sun
	1:00	9:30	1:00			

Mini Camp (3 & up)

Half Day Program that includes: 1.5 hours of structured Gymnastics Time followed by snack, craft and more organized Gym activities.

Friday: 1-4pm - Please sign up before noon on Thursdays. \$20 plus GST

Grade School

GymKyd's I & II (5-8yrs & 6-12 yrs)

A beginner and intermediate program, the class is designed to build on all levels of existing skills of participants. Children will be grouped according to skill level and age.

1 hour class once a week.

5 - 8 year olds

Mon	Tue	Wed	Thur	Fri	Sat	Sun
4:00	4:30	4:00			12:30	

6 - 12 year olds

Mon	Tue	Wed	Thur	Fri	Sat	Sun
6:30	7:30	6:30	4:30		1:30	
			7:30			

Advanced GymKyd's (5yrs and up)

This class is designed for the more advanced gymnast that would like a challenge without going into the competitive program.

1.5 hour class once a week.

Mon	Tue	Wed	Thur	Fri	Sat	Sun
5:00		5:00			2:30	
			7:30			

Boys Gymnastics (4-9 yrs)

Boys are welcome in all our regular gymnastics classes, but we are also offering boys only.

1 hour class once a week.

Mon	Tue	Wed	Thur	Fri	Sat	Sun
					4:00	

After School Gymnastics (5 & up)

Program offered to kids who are out of school early enough to make a 3:30pm class.

1 hour class once a week.

Mon	Tue	Wed	Thur	Fri	Sat	Sun
	3:30		3:30			

GymKyd's Tumblers - Competitive Program (5 & up)

This program involves signing up for 2, 4 or 6 hours per week.

They will learn routines and will compete in competitions between January and April 2012.

Previous gymnastic experience is required.

The athletes will be required to purchase a GymKyd's competitive suit and track suit.

Email for more details.

Registration Form

Gymnast's Name: _____
Parent's Name: _____
Address: _____

City: _____ Postal Code: _____
Phone: _____
Birthday (mm/dd/yy) _____
Age: _____ Sex: _____
Cell or Emergency Phone #: _____
Medical Concerns: _____

Email Address: _____

Session: _____
Class Day: _____
Class Time: _____
Class Fee: _____

487-1806
www.Gymkyds.com

Recreational Fees

Fall Session: Sept 9-Dec 16

45 minute class per week
\$175 + GST = \$183.75
1 hour class
\$185 + GST = \$193.25
1.5 hour class
\$270 + GST = \$283.50

Winter Session: Jan 6 - Mar 25

45 minute class
\$148 + GST = \$155.40
1 hour class
\$155 + GST = \$162.75
1.5 hour class
\$225 + GST = \$236.25

Spring: April 2- June 18

45 minute class
\$136 + GST = \$142.80
1 hour class
\$142 + GST = \$149.10
1.5 hour class
\$205 + GST = \$215.25

Please add \$20.00 for the Administration and Manitoba Gymnastics Fee, which must be paid at time of registration. This is a once-a-year fee, for each gymnast, valid from September 2011 to September 2012.

Discounts (only one discount applicable per family)

1. 10% discount for second child plus an additional 10% for every subsequent child.
2. Sign up for second class during the same session and save 10%.
3. Sign up and pay for the whole year and receive 10% off.

Registration Notes.

1. Cheques made payable to Gymkyds
2. No refunds after 2nd class.
3. All gymnasts should arrive at the gym no less than 5 minutes before their class.
4. Hair must be neatly tied back.
5. No shoes or boots permitted in the gym.
6. Female gymnasts are asked to wear a bodysuit or shorts and a t-shirt that tucks in. Male gymnasts are asked to wear shorts and a t-shirt that tucks in.

Classes will not be held on:

Oct 10 & 11 Thanksgiving
Nov 11 Remembrance Day
Feb 20 Louis Riel Day
April 6 Good Friday
April 8 & 9 Easter
May 21 Victoria Day

NO FUNDRAISING AT GYMKYDS!!!

Gymkyds Gymkyds



Gymnastic Centre

Recreational Programs for

Boys and Girls
Ages 1 & Up

Regional Stream

Competitive Programs

Ages 6 and Up

Fall 2011 – Spring 2012

Fall 2011 Open House
August 14 & 15 4:00-7:00pm
August 28 & 29 4:00:7:00pm

421 Beaverhill Blvd.
Winnipeg, MB
R2J 4G1

Email: gymkyds@gmail.com
www.Gymkyds.com

487-1806

**** NEW ****
Registration and Payment ONLINE.