

2nd Proof 2017 - 2018 PROGRAM SCHEDULE

Parent/Child Classes

GymKyds Tots- Parent & Me (1-3 yrs)

Spend quality time with your child in a structured, fun environment while learning basic gymnastic movements. **45 min. once a week.**

Mon	Tue	Wed	Thur	Fri	Sat	Sun
10:30	5:30		10:30	10:30	9:30	9:30

Junior Preschool (2 & 3 yrs)

A class designed for the toddler who is able to follow a fairly structured class with parent involvement. Your child is ready for more than a parent and me class but not ready to be on their own. **55 minute class once a week.**

Mon	Tue	Wed	Thur	Sat	Sat	Sun
11:15	9:30	2:00	11:15	8:30	10:30	10:30

Christmas Camp 2017

December 27-29, 2017, January 2-5, 2018



Spring Break Camps 2018

March 26 to 29, 2018

\$26 plus GST = \$27.35 for half day
(9:00am – 12:00 or 1:00pm to 4:00pm)

\$42 + GST = \$44.10 for full day (9:00am – 4:00pm)



Birthday Parties Available Saturday & Sundays.

Package #1

Includes 1 hour of structured gymnastics and 1 hour in the party room. The parents supply the plates, cups, etc. \$185 for 10 kids and \$5 for each additional child.

Package #2

Includes Package #1 plus we supply the plates, cups, cutlery, etc. \$200 for 10 kids and \$6 for each additional child.

Package #3 The "No Fuss" Birthday Package

Includes Package #2, plus pizza, drinks, chips, cake of choice, ice cream, goody bags, invitations and a free shirt for the birthday child. \$335 for 10 kids and \$10 for each additional child.

Preschool/Kindergarten

Preschool GymKyds (3-5yrs & 4-5 yrs)

A boys and girls program that introduces basic movements of gymnastics including vault, beam, bars and floor. This is a fun and energetic class that encourages active participation.

1 hour class once a week.

3 – 4 year olds

Mon	Tue	Wed	Thur	Fri	Sat	Sun
		10:30	6:30		11:30	

3 – 5 year olds

Mon	Mon	Tue	Thur	Fri	Sat	Sun
2:00	5:30	6:30	9:30	9:30		11:30

4-5 year olds

Mon	Tue	Wed	Thur	Fri	Sat	Sun
			5:30			

Gymnastics and Cheer!!! (3-5 yrs)

This class incorporates pom poms and dance movement into the warm up. This is a fun, action packed class with all the apparatuses of gymnastics being covered. **1 hour class once a week.**

Mon	Tue	Wed	Thur	Fri	Sat	Sun
9:30		1:00				
1:00						

Gymnastics and Sport!!! (3-5 yrs)

This class incorporates a variety of sports into the final 5-10 minutes of the class. This is an action packed class with lots of variety for the little sports star. **1 hour class once a week.**

Mon	Tue	Wed	Thur	Fri	Sat	Sun
	10:30		2:00			

Advanced KynderGym (4-5 yrs)

A boys and girls program for the more advanced gymnast. Includes instruction and skill development on vault, beam, bars and floor. This is a fun and energetic class that encourages active participation. **1 hour class once a week.**

Mon	Tue	Wed	Thur	Fri	Sat	Sun
	1:00	9:30	1:00			

Home School Classes (5-7yrs; 7yrs & up)

A beginner and intermediate program, the classes are designed to build on all levels of existing skills of participants. Children will be grouped according to skill and age level. **1 hour class once a week.**

5 – 7 year olds

Mon	Tue	Wed	Thur	Fri	Sat	Sun
	1:00					

7 year olds & up

Mon	Tue	Wed	Thur	Fri	Sat	Sun
	2:00					

Grade School

GymKyds I & II (5-8yrs & 6-12 yrs)

A beginner and intermediate program, the class is designed to build on all levels of existing skills of participants. Children will be grouped according to skill level and age.

1 hour class once a week.

5 – 8 year olds

Mon	Tue	Wed	Thur	Fri	Sat	Sun
4:00	4:30	4:00			12:30	12:30

6 – 12 year olds

Mon	Tue	Wed	Thur	Fri	Sat	Sun
6:30	7:30	6:30	4:30		1:30	
			7:30			

Advanced GymKyds (5yrs and up)

This class is designed for the more advanced gymnast that would like a challenge without going into the competitive program.

1.5 hour class once a week.

Mon	Tue	Wed	Thur	Fri	Sat	Sun
5:00		5:00			2:30	
7:30						

2 hour class once a week.

Mon	Tue	Wed	Thur	Fri	Sat	Sun
				4:30		

Boys Gymnastics (4-9 yrs)

Boys are welcome in all our regular gymnastics classes, but we are also offering boys only.

1 hour class once a week.

Mon	Tue	Wed	Thur	Fri	Sat	Sun
					4:00	

GymKyds Tumble Only (8 & up)

Work on your tumbling skills for gymnastics, dance and cheerleading

1.5 hour class once a week.

Mon	Tue	Wed	Thur	Fri	Sat	Sun
		7:30				

GymKyds Tumblers - Competitive

Program (5 & up)

This program involves signing up for 2, 4 or 6 hours per week. Gymnasts will learn routines and compete in competitions between January and April 2018. Previous gymnastic experience is required. The athletes will be required to purchase a Gymkyds competitive suit and track suit. **Email for more details.**



Registration Form

2nd Proof

Gymnast's Name: _____

Parent's Name: _____

Address: _____

City: _____ Postal Code: _____

Phone: _____

Birthday (mm/dd/yy) _____

Age: _____ Gender: _____

Cell or Emergency Phone #: _____

Medical Concerns: _____

Email Address _____

Session: _____

Class Day: _____

Class Time: _____

Class Fee: _____

Recreational Fees

Fall Session: Sept 9–Dec 22

45 minute class = \$220 + GST = \$231.00
55 minute or 1 hour class = \$230 + GST = \$241.50
1.5 hour class = \$325 + GST = \$341.25
2 hour class = \$375 + GST = \$393.75

Winter Session: Jan 8–March 25

45 minute class = \$185 + GST = \$194.25
55 minute or 1 hour class = \$200 + GST = \$210.00
1.5 hour class = \$270 + GST = \$283.50
2 hour class = \$325 + GST = \$341.25

Spring Session: April 2–June 18

45 minute class = \$185 + GST = \$194.25
55 minute or 1 hour class = \$200 + GST = \$210.00
1.5 hour class = \$270 + GST = \$283.50
2 hour class = \$325 + GST = \$341.25

Please add **\$35.00** for the Administration and Manitoba Gymnastics Fee, which must be paid at time of registration. This is a once-a-year fee, for each gymnast, valid from September 2017 to September 2018.

Discounts (only one discount applicable per family)

1. 10% discount for 2nd child, 20% discount for 3rd child, 30% discount for 4th child, 40% discount for 5th child, etc.
2. Sign up and pay for the whole year and receive 10% off.

Registration Notes.

1. Cheques made payable to Gymkyds
2. No refunds after 2nd class.
3. All gymnasts should arrive at the gym no less than 5 minutes before their class.
4. Hair must be neatly tied back.
5. No shoes or boots permitted in the gym.
6. Female gymnasts are asked to wear a bodysuit or shorts and a t-shirt that tucks in. Male gymnasts are asked to wear shorts and a t-shirt that tucks in.

Classes will not be held on:

Oct 8 & 9	Thanksgiving
Nov 11	Remembrance Day
Feb 20	Louis Riel Day
May 21	Victoria Day

We do not discount for Stat Holidays, but if a holiday falls on your class day and you would like to make up the class, please speak to Peggy and we will arrange for you to make up the class at another time slot.

GymKyds GymKyds



Gymnastic Centre

celebrating
17 YEARS

of GYMNASTICS in MANITOBA

**Recreational Programs for
Boys and Girls
Ages 1 Year & Up**

**Regional Stream
Competitive Programs
Ages 6 and Up**

Fall 2017 – Spring 2018

Fall 2017 Open House
August 20 & 21 4:30pm-7:30pm
August 27 & 28 4:30pm-7:30pm

421 Beaverhill Blvd., Winnipeg, MB R2J 4G1

Email: gymkyds@gmail.com
www.gymkyds.com

204-487-1806

Peggy Glassco ~ Owner and Head Coach

Registration: online, in person or by phone.

204-487-1806
www.Gymkyds.com

NO FUNDRAISING AT GYMKYDS!!!